

Our Guide to a Better Future.

All pupils at Bryncethin Primary School agree to try and help the environment by:

1. Beware of what you use.

- Save energy- turn off the lights. turn off appliances that are not being used. Close windows and doors.
- Save water- Turn off the taps. Have a shower instead of a bath - make it short! Turn off the taps while brushing your teeth. Use rainwater to water plants.
- Stop pollution- If you can, try cycling, walking or using public transport to get out and about, rather than using your car.

2. Reduce, Reuse, Recycle!

- Bring your packed lunch in reusable containers.
- Use reusable water bottles.
- Eat your ice cream in a cone not in a tub.
- Pack a loose piece of fruit for a snack as there is no need for plastic wrapping.
- Buy things that are made from recycled materials.
- Recycle as much as possible in school- paper and lots more!



3. Be a Planet Saver Eater.

- Have a meat free day and try vegetarian or vegan recipes.
- Know where your food comes from. Make sure to check the labels.
- Palm oil is in a lot of products that you can find in shops but you can help by checking if products contain palm oil.

4. Help Habitats.

- Look after the school grounds.
- Make your garden at home wildlife friendly.
- Make a bee hotel or a bug hotel in your garden.
- If you own a cat that goes outdoors then put a bell on its collar so local wildlife can hear it coming.
- Keep local habitats safe by staying on the paths.

5. Share, Share ,Share!

- Sharing your knowledge with others is the answer to the question how can we save the Earth?
- Work together to make changes happen in your home, school, local environment, and the planet.
- Don't be afraid to speak up and tell others about your planet's passion!

